

Cowell Area School

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Term 1, Week 11

12th April 2023

Newsletter



Principal's News

I hope everyone had a wonderful Easter break! The weather was certainly a bit of mixed bag, however, I hope that you managed to get some time to relax with family and friends.

This is the last week of a very busy Term 1 and with only a couple of days to go it doesn't seem to be slowing down at all. The Year 10 and 11 students are out enjoying Work Experience as part of their Exploring Identities and Futures SACE course this week and our Year 3, 4, 5 and 6 students are going to Cleve on Thursday for a Primary School day.

It was great to see students from across different year levels work together for the Easter Egg Hunt which was held last Monday. Well done to the SRC for running this for everyone to enjoy.



SAPSASA Softball

Congratulations to Harper Jaeschke, Emme Franklin, Corbin Starr, Paxton Fisher and Austin Grund who competed in Adelaide last week and represented Cowell Area School at the SAPSASA Softball competition. Also a big thank you to Tanya Williams who was the Girls Softball Coach over the 3 days. The teams competed admirably. The girls came 4th and the boys 6th.



Parent/Teacher Interviews

If you have not had a chance to make appointments with teachers for interviews, there is still time over the remainder of this week to book a time with teachers to discuss your child's learning. These interviews can occur either face to face, or over the phone. If the times don't suit due to work or other commitments, you can negotiate another time by contacting the teacher through the front office. If you are not familiar with the online booking system, just ring the front office and we will be more than willing to book a time slot for you.

Please have a wonderful and safe holiday. I hope to see you out and about during the holidays, especially for the beginning of netball and football season on ANZAC day.

Just a friendly reminder that school finishes on Friday 14th April at 2.20pm (an hour early). We recommence on Monday 1st May.

Kind regards, Stephenie Herbert, PRINCIPAL

"A positive & collaborative community of resilient learners, prepared for future challenges"



DATES TO REMEMBER

WEEK 11

- 10/4 - Public Holiday
- 11-14/4 - Yr 10 & 11 Work Experience
- 13/4 - Primary School Day
- 14/4 - Last day of Term, school finishes 2:20pm

TERM 2 COMMENCES 1/5/23

TERM 2

WEEK 1

- 5/5 - SAPSASA Swimming

WEEK 2

- 9/5 - SAPOL Road Safety Yr 7-12
- 9-12/5 - Yr 10 Careers Camp
- 12/5 - SAPSASA Netball Trials @ Lock
- Traffic Lights

WEEK 3

- 16/5 - Science Circus R-6

WEEK 4

- 22-24/5 - SAPSASA Football Adelaide
- 26/5 - STUDENT FREE DAY



APRIL/MAY

- 15/4—Oliver Snape
- 15/4—Tanner Goodyear
- 15/4—Liam Arnold
- 16/4—Jaime King
- 16/4—Harmella Stening
- 28/4—Adam Jackson
- 28/4—Madison Lewis-Couzner
- 30/4—Laura Helps
- 2/5—Austin Grund



Government of South Australia
Department for Education

School News

YEAR 12 PROFILE

Rhys Turner came to Cowell Area School in 2012 and in Year 12, is undertaking his 12th year of school here in 2023.

Rhys is the Secretary of the SRC, House Captain of Aries and is undertaking the Duke of Edinburgh Awards.

In addition to completing his SACE through an ATAR program in Year 12, including Modern History, Food and Hospitality, Creative Arts and English, Rhys is currently undertaking an ICT apprenticeship as part of the Skilling SA initiative.

His favourite subject is Modern History, through the Open Access College, because he loves expanding his knowledge of the past and enjoys working with his teacher Mr Goodfellow who is talkative and supportive of his online students.

Rhys also enjoys working with Ms Maguire who is understanding of student work load and shares similar interests, including reading and playing video games.

While Rhys says his preferred way to celebrate the completion of his schooling would be "hibernation", in reality, he intends to undertake his ICT apprenticeship across a variety of school sites in 2024.

When Rhys was a child, he wanted to grow up to be an Astronaut.

If he could go back in time, his advice to that younger self would be: "Everything gets harder, but that doesn't mean you should just give up. Keep pushing and eventually, you will succeed."

To future Year 12s he says: "Stop complaining. just buckle down and do your work, or karma will bite back, hard!"

If Rhys were an animal he would choose to be an Eagle so that he had the "ability to fly anywhere and be free to do so".

The Fast Round

Pizza or Pasta? Pizza

Ninjas or Zombies? Zombies

Unicorns or Dragons? Dragons

The Beach or the Forest? The Forest



Snapshot 3: Mindfulness

Working on mindfulness gives us opportunities to develop our ability to pay attention to the present moment and our thoughts. Practising mindfulness daily can help us stay focused on set tasks and reduce stress and anxiety.

Whole Family Activity:

Mindful Walk

- As a family, go on a walk outside in nature. This might be around your local walking track, at your local park or just around your streets.
- While walking, tune into your senses and observe what you can see, hear and feel. Or you might choose to focus on one of the senses. Eg: Hear: what are all the noises you can hear on your walk?
- On your way home or when you return home, share what each person saw, heard or felt.

Family Habit Builder:

Each night at dinner, ask everyone to take one mouthful of food more mindfully than the rest and think about the flavours they can taste and how it makes them feel. (They can also thank the chef!).



AUSTSWIM COURSE

Are you a parent passionate about swimming and water safety? 🏊

Are you a student keen to earn Stage 2 SACE Credits?

Become an AUSTSWIM instructor at one of the upcoming April training courses in Whyalla or Port Lincoln.

Port Lincoln has an AUSTSWIM course coming up on 22 and 23 April - while another course is being held in the holidays at Whyalla on April 18 and 19.

Swim teaching is a rewarding career, providing others with essential life skills & inspiring confidence in and around the water.

For more information visit: <https://austswim.com.au/find-a-course/teacher-of-swimming-and-water-safety-tsw>

Cowell Area School Governing Council
are organising a

Els-Nor Flora Park Working Bee

(Cnr of Warnes St and Venning St)

Sunday 7th May from 9am

This small area needs some TLC after being neglected for many years. We want to bring it back to life and use it as a learning environment for our students to enhance their horticultural skills.

Bring your tools and garden gloves

Respect

Success

Learning

Responsibility

School News

INTERSCHOOL SPORTS DAY 2023

Congratulations to all of our students who participated in the E.E.P.A.S.S.A. Interschool Sports Day in Kimba on Wednesday 29th March.

Overall it was a great day and all students should be really proud of their efforts and what they have achieved. Thank you to the students who competed hard and filled in for those who couldn't make it on the day (we had many students compete above their age group this year), I know all staff and parents were extremely impressed with all of your efforts.

Congratulations to Malik Grgurovic, who broke the Sub Junior Boys Discus record (by over 4m), with a throw of 28m 16cm. Congratulations also to our students who participated in the Intermediate age group events. We won the Intermediate pennant this year!

Thank you to the following parents and students for helping officiate the discus event and providing transport: Mackenzie & Glenn Klingberg, Jess Jaeschke, Kelli-Jo Kovac, Jasmin Piggott, Kelsey & Daniel Griffiths, Rebecca Flavel, Claire Barber, Jodi Gregory, Natashia Inglis and Hamish Russell. Parent support was fantastic this year. I would also like to thank the following staff: Emma Wykamp and Tanya Williams for helping officiate the discus and ballgames events throughout the day, drive the bus, and helping run our team. Thank you to the Cowell Lions Club for providing their marquees, Corey Gale/Jasmin Piggott for providing the trailer for transporting our high jump bag, and thanks to all the other parents/caregivers and Grandparents who provided transport, took photos and supported our school throughout the day. Thank you also to Meagan Lienert and Kimba Area School for hosting a great carnival of this year despite challenging circumstances.

E.E.P.A.S.S.A. Final Score Sheet

SUB JUNIOR PENNANTS	Points	Place
Cleve	329	1
Cowell	250	5
Cummins	203	7
Kimba	254	4
Lock	217	6
Tumby	264	3
Wudinna	288	2

JUNIOR PENNANTS	Points	Place
Cleve	332	1
Cowell	321	2
Cummins	213	7
Kimba	319	3
Lock	218	6
Tumby	299	4
Wudinna	278	5

INTERS PENNANTS	Points	Place
Cleve	235	7
Cowell	410	1
Cummins	297	4
Kimba	347	2
Lock	266	5
Tumby	336	3
Wudinna	245	6



SENIOR PENNANTS	Points	Place
Cleve	410	2
Cowell	261	6
Cummins	281	5
Kimba	393	3
Lock	244	7
Tumby	360	4
Wudinna	439	1

BALL GAMES	Points	Place
Cleve	104	1
Cowell	52	6
Cummins	86	2
Kimba	66	4
Lock	0	N/A
Tumby	54	5
Wudinna	70	3

HANDICAP SHIELD	Points	Place
Cleve	1306	2
Cowell	1242	5
Cummins	994	6
Kimba	1313	1
Lock	945	7
Tumby	1259	3
Wudinna	1250	4

CHAMPIONSHIP SHIELD	Points	Place
Cleve	1054	1
Cowell	717	6
Cummins	994	2
Kimba	845	4
Lock	174	7
Tumby	857	3
Wudinna	785	5



Respect

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The Library Scoop

P: 8629 2320 [Web:www.libraries.sa.gov.au/cowell](http://www.libraries.sa.gov.au/cowell) E: cowell.library@libraries.sa.gov.au

New Additions

Adult Fiction

Looking out for Love by Sophia Money-Coutts

The Last Remains by Elly Griffiths

The Rivergum River Retreat by Sandie Docker

Lawson's Bend by Nicole Hurley-Moore

Heart Bones by Colleen Hoover

The Foxglove King by Hannah Whitten

The Great Gatsby by Scott Fitzgerald

Adult Non Fiction

Ghosts of the Orphanage by Christine Kenneally

The Wonder of Little Things by Vince Copley




For the little ones

Story Time
9.15am - Tues 18th April

Baby Bounce
9.30am - Tues 18th April

We are holding two sessions for the little ones, join us for one or both.

During story time we will read a book or two, while we will be filled with Baby Bounce we will sing, dance and definitely laugh.

All children need to be accompanied by an adult.

Thank you to everyone who attended the Fleur MacDonald author visit— Conversations with Fleur.



We had a wonderful attendance from all ages from 15 to 92, lots of our community members and interstate travels who all enjoyed an afternoon out.

Nicole did a wonderful job interviewing Fleur asking a variety of questions and sometimes even the tricky ones. Fleur will be at the



Whyalla Readers & Writers Festival on 14 & 15th April. For more information please contact us.



Anne, Muriel, Sue & Fleur McDonald

Cowell School Community Library

SCHOOL HOLIDAY OPENING HOURS

Monday
9am - 12.30pm

Tuesday - Thursday
9am - 12.30pm
1pm - 4.30pm

Readers & Writers Festival

14-16 April
Whyalla Public Library

Workshops SCREEN Illustrations PLAY
Keynote Panel Discussions

Visiting and local authors

Scan the QR code here to see the full program and book now!



Libraries SA | Whyalla Regional Development Fund | WHYALLA

DATES TO REMEMBER

Storytime & Baby Bounce

Tuesday 18th April at 9.15am

Tuesday 2nd May at 9.15am

Book Club

Tuesday 16th May at 2pm

Conversations

Tuesday 30th May at 2.30pm

Holiday reading It is important for students to continue reading in the holidays so that they can maintain their skills in literacy, comprehension and verbal fluency. Reading expands children's imagination and improves their concentration, which is necessary for a child's growth.

Some students are doing their Premier's Reading Challenge and the school holidays are a great time to read a few more books to finish it.

Pop into the library over the holidays.

School/Community News

CONGRATULATIONS!

A big congratulations to the students who received a class award at our end of term assembly yesterday. Thank you for demonstrating excellence in the classroom!



We also had several students achieve 100% attendance so far this term. We'll done to you!

Thank you to the Year 8's who hosted the assembly for everyone yesterday.



COWELL CATS MERCHANDISE

Scan the QR Code and go directly to the ACE website to browse the Cowell Cats brand new merch.

15% off until April 13th 5pm

Beanies and scarves are available for purchase on Thursdays at Cowell Sporting Complex by speaking with Tracy Mills



SCAN ME

ANZAC DAY

COWELL



25th April

**The march will precede the dawn service.
6.45 am assemble
at the RSL, 7 Third St,
for the march**

7am Dawn Service

Services at the Memorial,
opposite the Franklin Harbour Hotel.

Gunfire breakfast at the RSL clubrooms
After the service- all welcome

Please note- only one service, at dawn.

Please note: any non-serving members wishing to march wearing their relative's medals can do so, however the medals are to be worn on the right hand side.

Help Wonder turn
BREAD BAGS into
SCHOOL PLAY EQUIPMENT

It's simple...

1

Collect your empty bread bags and tags



2

Recycle them at school in Wonder's pink Collection Bin
(There is a separate box for bread tags).



3

We'll earn reward points to redeem new sports equipment for every 5kg bin filled!



Our school is in the draw to
WIN 1 of 5 exercise circuits made
from recycled plastic we collect!

LET'S GET RECYCLING!

Tag Wonder on social #wonderrecycling to share all your recycling champion stories!



Keep up to date with the latest school news and upcoming events by liking us on Facebook.



EB'S CUTTING EDGE

Eboni: 0475 134 161
15871 Lincoln Highway, Cowell SA 5602

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**Earthmoving
Trenching
Rock Breaking
Landscaping**

Jay 0429 966 179
Richard 0427 516 566

Vet in town



Cowell Veterinary Clinic
34 Main Street Cowell
Wednesday's 9am to 5pm
Vet attends every Wednesday
Dog and cat grooming.

Phone: 8629 2609 (Wednesdays) or 8645 9926 (Anytime)
After hours emergencies: 0419 806 392


Joel's Recycling

Is it too hard to recycle refundable cans/bottles/
milk containers?

I have an interest in helping to reduce the amount of 10 cent refundable bottles/cans/milk containers that are going into landfill. Contact me on 0418802237.

How it works???

You contact me via the above phone number. I deliver a bin. You fill it up. You contact me when your bin is full. Allow 3 days for collection. My preferred way to be contacted is a text on 0418802237 or call this number. I collect the full bin and give you another bin.

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Cowell Volunteer Marine Rescue

Communications Centre
North Terrace, COWELL
0457 957 221

Learn Boat Handling, Radio Procedure, Navigation Training—Monday—1700-1900hrs

For more information contact:
Commodore: Dale Bailey 0429 054 969
Vice Commodore: Malcolm Brine 0488 292 567




COWELL PLUMBING & GAS

Call the local lads for all your plumbing and gas needs.

Corey & Elisa Smith
Fully Licensed Contractors
Lic No: PGE183681

PHONE/FAX 08 8629 6059
MOBILE 0427 862 960




Whyalla Dental Care

Whyalla Dental Care is working in Cowell from The Doctors Surgery located at South Terrace every Tuesday and Thursday.

- Whyalla Dental Care is a family practice offering all aspects of dentistry.
- If your child is eligible for the Child Dental Benefits Scheme (Medicare) their appointments will be bulk billed.
- Private Health Insurance cards for Hicaps Claims as well as Eftpos facilities are available.
- Accepting Pension and Health Care Card holders.

Please phone the Whyalla Practice on 8644 1111 for all appointments.

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