

Cowell Area School

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Term 1, Week 10

5th April 2023

Newsletter



Principal's News

We're nearing the end of term but things haven't started to slow down yet. It's great to be walking around the classes to see the work that students are completing, the student's level of engagement in their work, and the pride they show when telling me all about what they are learning, is wonderful. I really enjoy getting into classes and listening to the great learning that the teachers are providing to the students.

Last week we had a number of excursions/incursions to provide exciting opportunities to our students. We had Paul Rutter who is a South Australian children's author and illustrator visit and run 45 minute drawing workshops to our primary classes. The sessions included drawing ocean creatures, migratory whales and shipwrecks. He teaches and shows students how to draw and develop character by including the elements of drawing such as line, shape and texture.

Next week sees the Year 10/11 students undertaking work experience, the Year 9 students laying poppies at the cemetery in preparation for ANZAC Day and the Primary School Day next Thursday.



Primary R.E.

The Primary Religious Education programme was held last week with an Easter focus. Students enjoyed taking part in the Interactive Games that were put on by the Interchurch Council.



EEPASSA

Congratulations to all students who participated at Kimba last Wednesday. Many students had to compete above their age range due to injuries and sickness to other students. A full report will be in next weeks newsletter.

I wish everyone a safe and happy Easter, if you are going away travel safe and we will see you on Tuesday, 11th April for the last week of Term 1.

Kind regards, Stephenie Herbert, PRINCIPAL



DATES TO REMEMBER

WEEK 10

- 3-5/4 - SAPSASA Softball
- 7/4 - Public Holiday

WEEK 11

- 10/4 - Public Holiday
- 11/4 - Whole School Assembly 2:30pm
- 11-14/4 - Yr 10 & 11 Work Experience
- 13/4 - Primary School Day
- 14/4 - Last day of Term, school finishes 2:20pm

TERM 2 COMMENCES 1/5/23

TERM 2

WEEK 1

- 5/5 - SAPSASA Swimming

WEEK 2

- 9/5 - SAPOL Road Safety Yr 7-12
- 9-12/5 - Yr 10 Careers Camp
- 12/5 - SAPSASA Netball Trials @ Lock - Traffic Lights



APRIL

- 7/4—Tahlia Martin
- 8/4—Scarlett Williams
- 9/4—Scarlett Martin
- 9/4—William Schultz
- 10/4—Nate Franklin
- 10/4—Chase Piggott
- 12/4—Sadie Stening
- 12/4—Brett Smith

"A positive & collaborative community of resilient learners, prepared for future challenges"



Government of South Australia
Department for Education

School News



SCHOOL ASSEMBLY

Tuesday 11th April, 2:30pm
on school grounds. All welcome.

YEAR 12 PROFILE

Isobel Salter came to Cowell Area School five years ago and, in Year 12, is studying Creative Arts, Biology, English and Psychology.

Isobel is enjoying the challenge of studying high-level subjects in Year 12, but her favourites are probably Art and Biology.

"I love how much I can learn from both of these subjects and how creative Art lets me be," she said.

She gave a special shout-out to her favourite teacher and Home Group leaders Mrs Stacy Michael... 'even though she doesn't teach me anymore'.

This year, Isobel is president of the SRC and has been active in helping organise school community events including Harmony Day activities and the recent Easter Egg Hunt.

As a child, Isobel wanted to be a hairdresser and still intends to fulfil her childhood dream of being an author.

Today, she enjoys cooking and baking in her spare time.

Isobel advises future Year 12s, "Year 12 is not as difficult as everyone tells you; it's a challenge, but you shouldn't avoid it".

But to her childhood self, she would go back and say, "don't worry, one day it'll all make sense".

After school, Isobel intends to have a gap year before studying psychology at university.

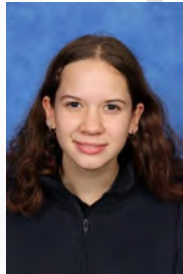
The Fast Round

Pizza or Pasta? Pasta

Ninjas or Zombies? Zombies

Unicorns or Dragons? Dragons

The Beach or the Forest? The Beach.



NEWSLETTER ADVERTISING

All newsletter advertisements need to be in to Kylie by 3:30pm on Mondays prior to publication the following Wednesday. Articles can be emailed to:
Kylie.McFarlane536@schools.sa.edu.au



Snapshot 3: Empathy

Working on empathy helps us to identify, understand and feel what another person is feeling. When we show empathy or we do something kind for someone else our brain releases oxytocin. This leads to increasing our self-esteem/confidence, energy levels, positivity and overall happiness.

Whole Family Activity: Neighbourhood Kindness Challenge As a family, choose an act of kindness from the list below that you would like to do for a neighbour or family friend. Each family member can select one to commit to, or you can choose to do one together.

- Cook them something delicious like a cake, hotbread, or cookies
- Write a note to put in their letter box thanking them for being a great neighbour or friend.
- Design them a Thank You card.
- Pick or buy some flowers to deliver to them.
- Choose a little plant from your garden to give them.
- Make them a gift from things around your house.
- Offer to do a job for them, like wash their car or water their garden.
- Offer to take their pets for a walk.
- Invite them over for afternoon tea.
- Invite them on a walk.
- Recommend one of your favourite books to borrow and read.
- Ask them if they need anything from the shops next time you buy groceries.
- Say hello next time you see them, and ask them how their day is going.
- Feel free to do more than one and spread the kindness even further!
- Report back to each other in one week and share how your acts of kindness were received, and how doing them made you feel.

Family Habit Builder: Every night at dinner, have each person thank another family member for something they've done or said today, or give another family member a compliment.

Keep up to date with the latest school news and upcoming events by liking us on Facebook.



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THE EASY WAY TO BOOK
SCHOOL INTERVIEWS

Parent Information

Interview Booking website
will open at 4pm Tuesday
21st March 2023

Reception – Year 12 Parent/Teacher Interviews

Now you can book school interviews for the times that suit *your family*.

A link is provided here and on the school website

<https://www.schoolinterviews.com.au/code/xqz2v>

or

Go to www.schoolinterviews.com.au and follow these simple instructions:

Simply enter the event code and press "Go"



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



When you click **FINISH**, your interview timetable will be emailed to you automatically. If you do not receive your email immediately – **Check your junk mail folder AND make sure you have spelled your email address correctly**

You may change your bookings, any time by re-visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address you used when you made your original booking.

Thank you for booking a Parent/Teacher Interview for your child. Reminders will not be sent so please add this date and time to your calendar.

Meetings will be held in the following locations:

- HOLECEK, Ben - R/1 Classroom
- FURST, Sue - Year 1/2 Classroom
- BUCHAN, Corey - Year 3/4 Classroom
- ROGERS, Malcolm - Year 4/5 Classroom
- WYKAMP, Emma - Year 5/6 Classroom
- KOWALD, Sheridyn - Multipurpose Room
- KELLY, Leah - Meeting Room
- TONKIN, Michael - Tech Studies Classroom
- BOURLIOUFAS Vicki - Home Ec Room
- BURTON Jack - Science Lab
- OWENS, Hannah - Year 9 Classroom
- MAGUIRE Duan - Art Room
- McFARLANE Sandy - Year 7 Classroom
- MICHAEL Stacy - Online or via phone
- ROBST, Seonie - Year 12 Classroom
- PETERS, Colleen - Year 10 Classroom
- TAVENDER, Claire - Year 8 Classroom



AUSTSWIM COURSE

Are you a parent passionate about swimming and water safety?

Are you a student keen to earn Stage 2 SACE Credits?

Become an AUSTSWIM instructor at one of the upcoming April training courses in Whyalla or Port Lincoln.

Port Lincoln has an AUSTSWIM course coming up on 22 and 23 April - while another course is being held in the holidays at Whyalla on April 18 and 19.

Swim teaching is a rewarding career, providing others with essential life skills & inspiring confidence in and around the water.

For more information visit: <https://austswim.com.au/find-a-course/teacher-of-swimming-and-water-safety-tsw>



Year 10 student, Amber, has made the commitment to participate in SAASTA this year with the Whyalla academy.

As a part of the program Amber was able to participate in the Aboriginal Careers Exploration (ACE) program, this involved a week in Adelaide with her fellow Year 10 SAASTA students.

While in Adelaide, Amber was lucky enough to see an array of career and training sectors and have some hands on experience in these fields. Plumbing, engineering, animal care, university site visits, artificial intelligence, film making were just some of the industries she explored.

There were cultural experiences throughout the week, including art, weaving, cultural centre and museums, listening to and speaking with Aboriginal business owners and visiting businesses owned and operated by Aboriginal people.

During the week there was an amazing r-ACE where each academy completed tasks and visited businesses around the city collecting points. We walked over 12km and out of 18 schools we came 4th, winning a traditional weaving workshop.

Amber says: "It helped me finalise my decision of what I want to study when I finish school. It was exhausting but lots of fun, meeting new people and getting to know and make friends with the Whyalla students was a highlight for me."



LEARNING AND CREATING IN SCIENCE

We are learning about genetics in science.

I had to design a creature that cleans up radiation. This is Megatron-zilla. He is a Kaiju. He is from Planet Earth.

He is made of metal and is organic. He is called a techno-organic. He is the only thing that can take away radiation.

He can run very fast like Sonic the Hedgehog. He has atomic breath. He has night vision eyes and can do what a lizard can, which is camouflage. He can actually hear from a mile away and can sense other Kaiju from a mile away. He is OP and is able to control other Alpha titans.

I have also noticed that he has the DNA of Godzilla, Springtrap and MegaGodzilla. He is very strong and no other Kaiju can take his Crown.

He is made out of felt.

By Adam Jackson, Year 10



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DUKE OF ED AWARD

The Duke of Edinburgh Award is recognised internationally. Participants are able to achieve at bronze, silver or gold levels while developing life skills including teamwork, organisation, leadership, communication, and perseverance.

As Award Leader I remember fondly the fun we've had on adventurous journeys, the new skills learnt, service given and involvement in physical activity. Highlights include the games of Mafia at Mambray Creek; Laura and co. sliding down Mt Cavern; the 'drunken' emu stalking our tents; Gabby's muddy shampoo at Wilpena; Taitum slipping across the creek; Op Flinders exercises and '*do you think you should check the map??*' Unique learning opportunities arising because of the Duke of Ed Award included Matthew learning the art of blacksmithing with his grandfather; Rhys discovering a passion for photography; the raw chicken incident and Brock finding out that not only is Macky a good mechanic – he can write detailed reports, too!

Thank you to the students who signed up; parents who encouraged them and to community members for being leaders, instructors, coaches, assessors etc. Thank you to the school and everyone for your positive comments and support.



Learning is forever, get outside, be active and do what you can to help your community. ♥

Keep an eye out for more information from Ms Robst re signing up in 2023!

Regards,

Colleen Peters

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MAKING HER MARK CONFERENCE

Cowell Area School Year 10s attended the 'Making her Mark' conference at Nautilus Theatre on Friday.

Students listened to the real-life stories of female industry leaders. They heard about challenges overcome, choices available and the rewards of being brave and leaping into the unknown.

This supports the messages of The Resilience Project which our school was fortunate to win funding for from Coles this year.

Our students responded to the authentic voices and experiences of women in primary industries, trades, government and education.

They learned about how one woman turned an administrative error in Y12 into a global career on the high seas and the importance of turning hurdles into jumping off points. They heard from pilots, plumbers, primary industry, politicians and planners.

When you grow up in a close, nurturing community like the one that surrounds Cowell Area School, stepping outside that safe space can be scary. And our students don't know what they don't know. That's why Cowell is committed to these quality industry immersion opportunities to help open up doors - and new ideas - for our students.

Speakers emphasising the importance of exploring alternative pathways, committing to study, and undertaking quality work experience.

Conference attendee and Year 10 student Katrina Parfitt is aiming for a career in audiology, so this event modelled high level success in demanding pathways for her to aspire to.

Danielle Churchett, alternatively, is still exploring the opportunities ahead of her.

'I didn't know there's so many ways to go into aviation, or all the jobs in fishing,' Danielle said.

Year 10 and 11 students at Cowell Area School will head out for Work Experience in Week 11 in a range of industries including animal health and welfare, ICT and programming, automotive industries, health and beauty, as well as primary industries.



CONGRATULATIONS COLLEEN

Cowell Area School teacher Colleen Peters was recognised this week at Parliament House for her long-time commitment to the Duke of Edinburgh Award.

The Award is a student-driven youth development program, empowering all young Australians aged 14-24 to explore their full potential regardless of location or circumstance.

The Award is a fully inclusive program with no social, political, or religious affiliations, and has operated in South Australia since 1962.

Colleen has coordinated the program for 14 years at Cowell Area School, which has been instrumental to many students' community learning and achieving their SACE Pathways.

Congratulations to Colleen, pictured here with the SA Governor, Her Excellency the Honourable Frances Adamson AC, at the presentation of her award.

HARMONY WEEK

In week 8 we celebrated diversity, inclusivity and respect by hosting a range of student-led games.

In the library, children had the option to create chainlink people or paper bracelets. Music and conversations filled the room where students enjoyed themselves with the support of the library staff and SRC students.

A giant chalk drawing was completed in the courtyard. Students discussed what harmony is and depicted their version of harmony, friendship and what they were grateful for.

Noah and Lily S umpired a basketball game for the students of different year levels. The game ran smoothly and they saw an improved sense of teamwork, sharing of the ball and communication throughout. SRC students were impressed that everyone was encouraging of one another.

Students were challenged with origami in the art room. We had several older students support the young and attempt to fold a range of love hearts, butterflies and cranes.

Well done to everyone for your participation and support in helping everyone feel welcome at our school.

The SRC team



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The Library Scoop

P: 8629 2320 Web: www.libraries.sa.gov.au/cowell E: cowell.library@libraries.sa.gov.au



New Additions

Adult Fiction

The Only Suspect by Louise Candlish

The One and Only Dolly Jamieson

by Lisa Ireland

The Woman who knew too little

by Olivia Wearne

King of Battle and Blood by Scarlett St Clair

Just the Nicest Couple by Mary Kubica

Heart of the Sun Warrior by Sue Lynn Tan

Promise Me by Jill Mansell

Red Dirt Road by S.R. White

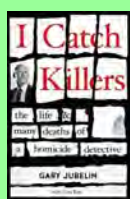
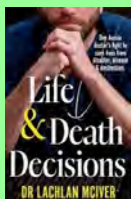
One Night in Hartswood by Emma Denny

Maggie by Catherine Johns

Adult Non Fiction

Life & Death Decisions by Dr Lachlan McIver

I Catch Killers by Gary Jubelin



Author Visit

FLEUR McDONALD
Voice of the Outback™

- One of Australia's leading rural literature authors.
- Fleur grew up in the South Australian town of Orroroo.
- One of the first jillaroos in the southeast of SA.
- Fleur prefers to write out in the backyard under a gum tree, or in the bush sleeping in a swag.
- Her debut novel Red Dust made her the highest-selling debut author of 2009.
- She writes about what she knows, stories set in regional areas around Australia with salt-of-the-earth characters.

'In Conversation with Fleur McDonald'
Cowell School Community Library
Thursday 6th April @ 4 pm

It's not too late to secure your seat for Fleur McDonald. Ceduna, Karcultaby & Wudinna Libraries have given glowing reviews of their author events. Don't miss out - call us on 8629 2320 to book.

Dates to Remember

Easter Closure Dates
Friday 7th April - CLOSED
Monday 10th April - CLOSED

Book Club
Tuesday 16th May at 2pm

Storytime & Baby Bounce
Tuesday 18th April at 9.15am

Tea or Coffee anyone?

Conversations in the Library

COME IN, PULL UP A CHAIR & ENJOY A CONVERSATION WITH A CUPPA.
TUESDAY 30TH MAY AT 2.30PM

Join us for Conversations in the Library. Each conversation session encourages chit chat about almost anything. Each month we'll have a different topic, covering various subjects like local history, wellbeing and even hobbies.

One of quirky question that is on the cards, does pineapple belong on pizza?

Like us on Facebook—

Cowell School Community Library



Community News

ANZAC DAY

COWELL



25th April

**The march will precede the dawn service.
6.45 am assemble
at the RSL, 7 Third St,
for the march**

7am Dawn Service

Services at the Memorial,
opposite the Franklin Harbour Hotel.

Gunfire breakfast at the RSL clubrooms
After the service- all welcome

Please note- only one service, at dawn.

Please note: any non-serving members wishing to march wearing their relative's medals can do so, however the medals are to be worn on the right hand side.

COWELL CATS MERCHANDISE

Scan the QR Code and go directly
to the ACE website to browse
the Cowell Cats brand new
merch.

15% off until April 13th 5pm

Beanies and scarves are available
for purchase on Thursdays at
Cowell Sporting Complex
by speaking with Tracy Mills



SCAN ME

AFSS is Seeking Foster Carers across the Lower Eyre Peninsula

- Are you passionate about the future of Aboriginal children and young people?
- Are you supportive and understanding?
- Can you help keep young people safe and connected to their culture and community?



AFSS is looking for people just like you, who want to play their part in caring for Aboriginal children and young people.

Please Contact AFSS:

Mandy Drummond ✉ mandy.drummond@afss.com.au ☎ 8683 1909



Aboriginal Family Support Services
Together with the community

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🌐 www.afss.com.au

OUR LADY STAR OF THE SEA – COWELL CATHOLIC CHURCH—EASTER MASS TIMES

Good Friday 7th April – 5.15pm

Holy Saturday 8th April – 5.15pm

All welcome. Please contact Father Leon Quinn for all your enquires on 8628 2189 or svdp@pp.catholic.org.au

COWELL WELLBEING GROUP

TALENT SHOW

ANNOUNCEMENT

Do you like to sing, dance, act, play an instrument, juggle, tell jokes?

Do you have a hidden talent?

Solo and group acts welcome!

All ages welcome!

Concert to be held end of October 2023
Specific date to be advised at later date

Enquiries to
cowellwellbeinggroupspn@gmail.com

EB'S CUTTING EDGE

Eboni: 0475 134 161
15871 Lincoln Highway, Cowell SA 5602

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**Earthmoving
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Jay 0429 966 179
Richard 0427 516 566

Vet in town



Cowell Veterinary Clinic
34 Main Street Cowell
Wednesday's 9am to 5pm
Vet attends every Wednesday
Dog and cat grooming.

Phone: 8629 2609 (Wednesdays) or 8645 9926 (Anytime)
After hours emergencies: 0419 806 392

Joel's Recycling

Is it too hard to recycle refundable cans/bottles/
milk containers?

I have an interest in helping to reduce the amount of 10 cent refundable bottles/cans/milk containers that are going into landfill. Contact me on 0418802237.

How it works???

You contact me via the above phone number. I deliver a bin. You fill it up. You contact me when your bin is full. Allow 3 days for collection. My preferred way to be contacted is a text on 0418802237 or call this number. I collect the full bin and give you another bin.




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Cowell Volunteer Marine Rescue

Communications Centre
North Terrace, COWELL
0457 957 221

Learn Boat Handling, Radio Procedure, Navigation Training—Monday—1700-1900hrs

For more information contact:
Commodore: Dale Bailey 0429 054 969
Vice Commodore: Malcolm Brine 0488 292 567





COWELL PLUMBING & GAS

Call the local lads for all your plumbing and gas needs.

Corey & Elisa Smith
Fully Licensed Contractors
Lic No: PGE183681

PHONE/FAX 08 8629 6059
MOBILE 0427 862 960




Whyalla Dental Care

Whyalla Dental Care is working in Cowell from The Doctors Surgery located at South Terrace every Tuesday and Thursday.

- Whyalla Dental Care is a family practice offering all aspects of dentistry.
- If your child is eligible for the Child Dental Benefits Scheme (Medicare) their appointments will be bulk billed.
- Private Health Insurance cards for Hicaps Claims as well as Eftpos facilities are available.
- Accepting Pension and Health Care Card holders.

Please phone the Whyalla Practice on 8644 1111 for all appointments.

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