

Cowell Area School

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Term 3, Week 3

7th of August 2019

Newsletter



Principal's News

Greetings from Canberra!

Follow our middle school students throughout their Canberra camp journey on our Facebook page!

Clontarf Foundation

Last Friday our Year 5, 6 and 7 students took part in a sporting clinic run by staff and students involved in the Clontarf Academy at Pt. Lincoln High School. The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate meaningfully in society. The programme has been expanded into South Australia this year, with Pt. Lincoln being one of the four sites involved.

Derick Wanganeen, who is the Operations Manager, said that it is a great opportunity for the boys to get out of their comfort zones and develop their self esteem and leadership skills. Our students enjoyed the activities and we look forward to possibly working with them again in the future.

Operation Flinders

Our students, along with Mrs Peters, returned from Operation Flinders yesterday. We look forward to hearing all about their adventure and will have a report from the students for you in a future week's newsletter.

University Open Days

For these students who are wondering about a university pathway, the University Open Days are coming up in a few weeks. UniSA, Flinders and Adelaide universities all have their Open Days on the same weekend, to enable prospective students and their families to visit all of them at once. Flinders university has their days on Friday and Saturday August 16th and 17th, UniSA is on Sunday August 18th and Adelaide university is also on Sunday August 18th. The Whyalla campus of UniSA also has an Open Day on Sunday August 25th. These are great days to go along to, as you can start collecting some information about the types of careers and courses that are available, different modes of study, scholarships, accommodation facilities and much more. You have the opportunity to speak to students and lecturers, visit some of the college accommodation, check out the grounds and facilities at each campus and ask lots of questions. If you would like more information, speak to Mrs Darling or visit the university websites for full programmes.

DATES TO REMEMBER

TERM 3, 2019

WEEK 3

3-9/8 - Canberra Camp

30/7-6/8 - Operation Flinders

WEEK 4

12/8 - Science Show

12-16/8 - Science Week

12-14/8 - Seaman Ship

WEEK 5

19-23/8 - Yr 5/6 Camp

19-23/8 - Book Week

22/8 - Assembly

WEEK 6

28/8 - R-7 Cricket SA

WEEK 7

3-6/9 - Yr 4/5 Camp

WEEK 8

9-11/9 - Yr 3/4 Camp

WEEK 9

20/9 - Gala Day

WEEK 10

23-27/9 - Yr 10 Work Experience



"A positive & collaborative community of resilient learners, prepared for future challenges"



Government of South Australia
Department for Education



School News

Deputy Principal's News

I have just returned from an Operation Flinders exercise with a group of ten students from Cowell and Cleve. We have been away for 8 days and had a fantastic experience. Keep an eye out in a future newsletter for personal reflections from participating students.

A key idea of Op Flinders is 'Every young person deserves the opportunity to be the best they can possibly be'. While our students often don't present with obvious behaviours, they sometimes need a boost to help reach their potential. Many of us are at risk of not reaching our full potential because of significant events happening in our lives. Students from Cowell and Cleve have been participating in Operation Flinders exercises for the past twenty years and they have all recognised personal growth as a result of this experience.

It costs approximately \$25 000 per team for each exercise (includes insurance, equipment, personnel etc). We were fortunate to be a funded team this year and we are most grateful for this. The Cowell Area School also supports the students by paying travel costs through CAP and providing Internal cover for staff members attending the exercise. If you would like to find out more about Operation Flinders, please look at their website: <https://operationflinders.org.au>

A big thanks to everyone who has been at school over the past week – continuing with 'business as usual'. With both Julie-Anne and I out on camps, it requires extra cooperation and flexibility to help run the school smoothly and people have stepped up to take on extra responsibilities.

Regards

Colleen Peters

Pastoral Care News

This year is flying by! I love that the days are getting longer and slightly warmer, but my it is hard to keep up with everything that is going on.

A little of what is happening in my department:

Breakfast Club: We have been fortunate enough to be able to offer ham and cheese toasties lately and if there is anyone that would like to help make these up or come in and help serve breakfast on Tuesday mornings at 8:30, please contact the front office. It wouldn't need to be every week, but on a roster system. It's nice to share the load.

Operation Christmas Child: Helping the less fortunate is a passion of mine and I love Operation Christmas Child. Sharing the love and connecting with those in need who have very little and often nothing to call their very own; it's so heart-warming. If you would like to make a donation towards the shoeboxes or even make up a shoe box of your own please go to this website for more details on what can and cannot go in a box.

<https://www.samaritanspurse.org.au/what-we-do/operation-christmas-child/>

You're welcome to leave items at the front office or let staff know if you require a box and the ladies can help you out.

Please be sure to check what is NOT acceptable for shoeboxes. Items like toothpaste, body wash, crayons and shampoo can melt, leak and make a mess so they cannot be placed inside a box.

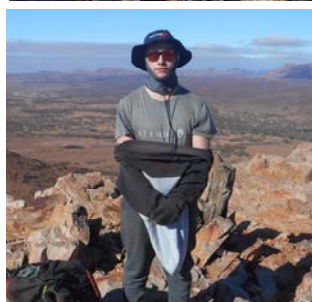
Foodbank: Just a reminder that I am able to help support families who need a little help with some fresh food and pantry items. If you would like me to help you or someone you know please contact me at the school. 86 292150.

I continue to be at school on Tuesdays and Wednesdays to support the students, staff and families.

Until next time,

Jess Jaeschke

Pastoral Care Worker.



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School News



harding miller
EDUCATION FOUNDATION

Life Changing SCHOLARSHIPS

The Harding Miller Education Foundation offers life-changing scholarships and we need your help to find the next cohort of scholarship recipients. We have funding secured for over 110 scholarships in 2020 so it is going to be our biggest year ever.

Since 2016, the HMEF has supported over 350 girls from more than 130 public schools within Australia. These scholarships are for girls studying between Y9-Y12.

In the first year of the scholarship, students receive:

- High-quality laptop with 4G mobile broadband and remote help desk support
- Invitation to an Awards Ceremony to celebrate their achievement, meet other scholarship recipients and the HMEF team.

Every year of the scholarship, students receive:

- \$2500 Face-to-Face Tutoring
- Online homework help
- Personal coach support
- Pre-paid card to help with education expenses
- Access to a growing enrichment program designed to grow the student's experience of tertiary education and career options

If your daughter is in Year 8 and you would like to apply for this scholarship, please see Hannah Darling for more information.

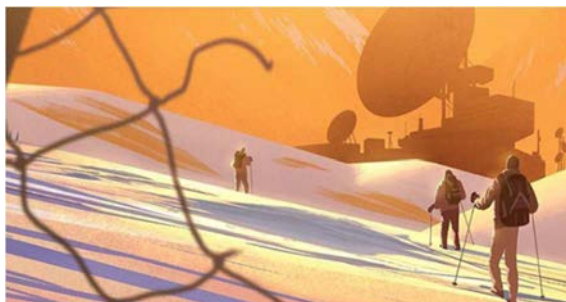
R/1 and 1/2 Assembly

Come and see the Book Week Parade and guess the teachers' secret powers!

Cowell Area School Basketball Courts

22.08.2019 at 2pm

What's happening here?



This was our image from last week with your winner backing up her win from the previous week, ISOBEL SALTER!

This was her story...

On the run and scared they came across an abandoned building. Or so they thought.

At the time it seemed like a good place to hide, but he could see them.

And he was approaching.

Wow! Amazing work from Isobel to win two weeks in a row!

This week our image is based in space leading up to Science Week next week, have you got your entry in?



Word of the Week

Every week we have a Tier 2 vocabulary word to think

about and use.

This week's word is...

Communicate

What do you think this word means?

Does this word have more than one meaning?

Does your child know? Ask them!

JULY/AUGUST



7/8- Kayden Iversen

9/8- Brock Kent

9/8- Cathryn Doyle

9/8- Ruby Kovac

10/8- Mardi King

13/8- Seth James

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School News

Cowell Swimming Club



Our club is totally run by volunteers, we are a not for profit club. Our aim is purely for the benefit of the children. Swimming skills stay with you for life. The health benefits of swimming are incredible for all ages. The water gives us lots of joy and we need to stay safe. If you have intentions of enrolling your child for Swim Club this season 2019 -2020 please take time to be involved in our committee. There are limited spaces available for children. This is due to the size of the pool & our duty of care not to oversize classes. The club has provided swimming equipment, which we share with the school and this coming season there are some more big items on the horizon. This is a fun club to be in! Take the time and be involved for your child/ren and the swimming club. We are the only local swimming club in our surrounding area. The closest is 105km away.



Soup for School

FINAL SOUP FOR SCHOOL

The last soup day for the year will be this Friday the 9th of August in the supper room!

Choose from 3 delicious homemade soups (Pumpkin, tomato, bacon and veggie or pea and ham) served with a fresh roll and a piece of cake all for just \$8!

Hope to see you there!

To Pre-order your takeaways or to have your soup delivered please contact Roanna on 0429133301

All proceeds will go towards supporting our school and church communities.



The Cowell Swimming Club AGM

Date: Wednesday 7th August

Time: 7.00pm

Venue: Cowell Community Library

All welcome, please come and join
The Cowell Swim Club Committee.

All positions will be up for election

Constitution amendments will be proposed

Any enquiries, please contact

Nikki Walsh 0427 361 873 or Maria Papillo 0408 396 110



Cowell Area School is once again participating in the Australasian Problem Solving Maths Olympiad (APSMO). We have three divisions: Senior (Year 7-8), Junior (Year 5-6) and Games (Years 4-6).

APSMO is a not-for-profit, professional organisation that offers a range of mathematical competitions for students aged from around eight to 14. The programs are unique in that they focus on students' ability to solve mathematical problems in a creative manner - as opposed to simply reaching a solution using a prescribed method. Creative problem solving focuses on the real-world application of Maths, encouraging children to think for themselves and explore a range of problem-solving options. As an adult, we apply our knowledge of Maths to solve numerous day-to-day problems (even if we don't realise it!). By encouraging our students to think through a problem or challenge in a holistic manner, we are helping them to reach their full potential in relation to mathematical problem solving and, in essence, to make sense of mathematics.

In our school competition, we have completed three Olympiads with two competitions still to play. At the Senior level, Sid MacFarlane is in lead, with Ky Lewis a close second. Rhys Turner, Lachlan Harding and Bailey Klingberg are equal third.

Our Junior team has Murphy Starr in the lead, with Danielle Churchett only one point behind. Aiden Turner and Levi Smith hold equal third place.

In the Maths Games, Bree Tonkin and Imogen Jaeschke are in the lead, with Xavier Turner and Jack Kovac only one point behind.

The two remaining Olympiads are worth five points each so anyone can still win our in school competition. Whatever the final score, all of the students who are participating are having a great go.

Malcolm Rogers

Primary School Coordinator.

Golf equipment

Thank you very much to Billy McFarlane, Pam Beinke, and Shana Williams for their generous donations of golf equipment to the school. We have already put it to good use during PE lessons! We would also like to thank Brian Green for his generous donation. Brian has kindly donated some netting that we hope to create a driving area for students to tee off into during practice.

We are still looking for any unwanted golf equipment (balls, tees, irons, drivers, bags, buggies, etc) to use in PE lessons. If anyone has any unwanted gear, old or new, that they would like to donate to the school, it would be much appreciated!

Mr Jack Burton.



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The Library Scoop

Cowell Community Library 8629 2320

7th August



Science Week Fun

You're invited to kick off Science Week with us in the Library with **James' Travelling Magic/ Science Show on Monday 12th August @ 9.30am.**

James visited us earlier in the year and we had such wonderful feedback, we've asked him back!

The show is **FREE** and will run for approximately 45 minutes.

Please RSVP via our Facebook page or contact us directly on 8629 2320.

There's something for young & old!



Overdue Notices went out on Monday on green paper. Please check your child's reader folder/school bag for updates of overdue books please.

Dates to Note

Every Monday - Homework club

Monday 12th August—9.30am Science Show

Week 4 / 12—16 August - Science Week

Week 5 / 19—23 August - Book Week

Mon 29th August - Story time - Hat Theme

Wed 4th September - 10.30am Book Club

Wed 4th September - 5.30pm

Writers' Group



Reading is my
SECRET POWER

CBCA Book Week
17-23 August 2019
#CBCA2019

NEW BOOKS



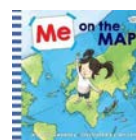
Children's Picture Books

The Incredible freedom machines by Kirli Saunders

Me on the Map by Joan Sweeny

The Detective Dog by Julia Donaldson

Watch This! by Jane Goodwin - *This book has been personally autographed*



Children's Fiction

A boy called Bob becomes an AFL Footballer by Bob Murphy

Starfell Willow Moss and the Lost Day by Dominique Valente

Wings of fire book two The Lost Heir by Tui T. Sutherland

Boot Small Robot Big Adventure by Shane Hegarty

Malamander by Thomas Taylor



Teenage Fiction

Mahtab's Story by Libby Gleeson

The Art of Taxidermy by Sharon Kernot

Call It What You Want by Brigid Kemmerer

DVD's

Instant Family (PG)

Wonder Park (PG)

Glass (M)

Adult Non Fiction

Fitter Faster by Robert J Davis

Fund Your Dreams by Brainard Carey

It's Raining Cats and Dogs by Michael Barton



Adult Fiction

The three Miss Allens by Victoria Purman

After the End by Clare Mackintosh

The Artisan Heart by Dean Mayes

Community News

parenting*ideas

The Anxious Kids Seminar is coming to Adelaide

Society is in the grip of an anxiety epidemic. One in fourteen kids are diagnosed with an anxiety disorder, and many more go unnoticed. Parents and teachers play a critical role in helping kids to recognise and manage their anxious feelings.

Parenting expert, award-winning speaker and author of 11 books Michael Grose, together with wellbeing expert and researcher Dr. Jodi Richardson will be touring across Australia and New Zealand to present their evidence-based approach to managing kids' anxiety. Here they will speak about the tools and strategies for helping children outlined in their recently released and highly acclaimed book *Anxious Kids*.

This is your chance to hear from the authors of the acclaimed book *Anxious Kids*, in a skills-rich seminar full of actionable steps and take-home ideas.

Anxious Kids Seminar Tour

Date
**Tuesday
20 August 2019**

Time
7pm - 9pm

Location
**Immanuel Primary School
Saratoga Drive Novar Gardens**

Tickets
\$49.95

Who is this seminar for?

This seminar is ideal for parents, carers, teachers and other professionals who work with children.

You can learn:

- The origins of anxiety and how it impacts on children and teens
- How to respond constructively when a child or teen is anxious
- Tools to teach kids to help regulate their anxiety
- The lifestyle factors you can enhance to minimise anxiety
- Why avoidance of anxiety-inducing events is not the answer and what to do instead
- How to create a wellbeing plan for your child or young person

About the Presenters

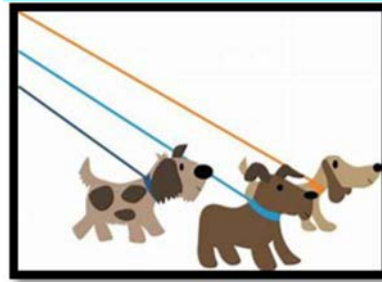
Michael Grose and Dr. Jodi Richardson are co-authors of the highly-acclaimed new book *Anxious Kids: How children can turn their anxiety into resilience*.

Michael Grose is one of Australia's leading parenting and educational writers and speakers. Michael supports schools across Australia and internationally to build strong partnerships with their parent communities.

Dr Jodi Richardson is an expert on anxiety, through extensive studies and personal experience. She has spent more than 25 years in the field of health, wellbeing, clinical practice, elite sport and education.

To secure your tickets today, visit:

www.parentingideas.com.au/anxious-kids-seminar-tour



Walk the Dog

Anyone interested in starting a dog socialisation and dog walking group?

In the Cowell township area?

Owner with well-behaved dog and keeps up to date with vaccinations, would like others to join in walks.

Available after 9.15am on a Monday, Tuesday, Wednesday & Friday.

Please contact Muriel Hunt for expressions of interest on 8629 2246. (Leave name and number on answering machine). Or come into the Cowell community library and we will add you to the list.

Cowell Inter-Church Council (C.I.C)



Annual General Meeting

Wednesday 28 August 2019, 3.30 pm

In the C.A.S. Meeting room

All interested parties welcome.

(Election of office bearers)

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Call
Geoff Giles
0428855909
BLD 278221

Call
Travis Carmody
0437062528
BLD 278407

DRAGON BOATS

Anyone interested in getting dragon boating up and running in Franklin Harbour?

Dragon boating is a fun and social sport that suits a broad range of fitness levels and age groups. No experience necessary!

If you are interested in joining in the fun, please contact KJ on 0417 812 873 or dkjkovac@gmail.com.



Stay informed with the SkoolBag App

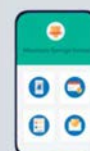


The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.

1 Download the app
Search for the free SkoolBag app in the Apple App or Google Play Store

2 Create an account
Sign up in seconds with your email address

3 Add your school
Search for your school and add your subscription groups



SkoolBag

Respect Success Learning Responsibility

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Fish & chips
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Iced frappes & milkshakes

Great Food—Great Coffee—Great Service
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Vet in town



Cowell Veterinary Clinic
34 Main Street Cowell
Wednesday's 9am to 5pm
Vet attends every Wednesday
Dog and cat grooming.

Phone: 8629 2609 (Wednesdays) or 8645 9926 (Anytime)
After hours emergencies: 0419 806 392

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- Comprehensive Health Assessment
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- Counselling
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Ph: 8628 5081, 0427 020 299

Cowell Roadhouse

we are now offering a different selection of food choices for your enjoyment

Coffee
Award winning Boston Bean Coffee Co
Barista Coffee

Coffee Loyalty Club
Receive your 9th regular coffee free
Loyalty Cards available in store.
Relax with us awhile in our dining room

Selection of
Panini's, Pizza Subs, Hamburgers,
Rolls & Sandwiches made fresh daily
Hotdogs, Salad bowls, Yoghurts, Fresh Fruit
Salad (in season) & Fresh Oysters
Breakfasts available until 11am
Menu Available

Baked Goods
Selection of pastries from Tumby Bay Bakery

Ph: 86 292 156

NAIL IT
THIS FATHER'S DAY

VIEW CATALOGUE NOW

Cowell Home Timber & Hardware



Weber Q's from Just \$329

19 Main Street, Cowell
Ph: 08 8629 2073
Fax: 08 8629 2481
Email: buzz@chth.com.au

OPEN 7 DAYS
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Sat 8:30-11:30
Sun 9:30-12

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Communications Centre
North Terrace COWELL
0457 957 221

Learn Boat Handling,
Radio Procedure, Navigation
Training—Monday—1700-1900hrs

For more information contact:
Commodore: Dale Bailey
0429 054 969
Vice Commodore: Malcolm Brine
0488 292 567




Franklin Harbour Button Club



BBQ TRAILER HIRE
\$100 hire for 24hr period
Phone 0437 295 276



Whyalla Dental Care



Whyalla Dental Care is working in Cowell from The Doctors Surgery located at South Terrace every Wednesday.

- Whyalla Dental Care is a family practice offering all aspects of dentistry.
- If your child is eligible for the Child Dental Benefits Scheme (Medicare) their appointments will be bulk billed.
- Private Health Insurance cards for Hicaps Claims as well as Eftpos facilities are available.
- Accepting Pension and Health Care Card holders.

Please phone the Whyalla Practice on **8644 1111** for all appointments.

Herman Puijs WALL & FLOOR TILER

BLD 25992



0427 322 442

School News

Dear Parents/Guardians,

We are delighted to inform you that Cowell Area School will be participating in the world-renowned ICAS Assessments this year. ICAS is developed by UNSW Global, a wholly owned subsidiary of the University of New South Wales, with over 35 years' experience in educational assessments.

ICAS is designed to target students' higher-order thinking and problem-solving skills in English, Mathematics, Science, Writing, Spelling and Digital Technologies.

Each assessment celebrates students' accomplishments by providing opportunities for recognition. Every student will receive a certificate and an online result report. Top performers will be eligible for medals and are invited to attend special award ceremonies to have their academic excellence publicly recognised.

We encourage you to consider entering your child into ICAS this year. The assessments are suitable for students wishing to extend themselves academically and take up the personal challenge of competing in an international assessment. Your child will be presented with high-quality, expert-developed questions, allowing them to apply their learning without the need for prior study or revision.

ICAS Assessments are now online, a move that reflects a sector-wide transition to computer-based assessment. This allows greater accessibility for students and faster delivery of results.

Learn more about ICAS here: unsw.global/ICAS

Partnering with UNSW Global, we are proud to offer our students the ICAS Assessments, and look forward to some fantastic results later in the year.

Kind regards,

Malcolm Rogers, Primary School Coordinator

***Privacy notification:** UNSW Global stores, uses and modifies the ICAS Assessments data in order to generate reports, conduct research and analysis, and improve its products and services. UNSW Global will not hold or use ICAS Assessments data that constitutes personal information for longer than 15 years. As the parent or guardian of a student who intends to sit ICAS Assessments, you consent to the school collecting the ICAS Assessments data that relates to the student, disclosing it to UNSW Global and to UNSW Global's use of it in the manner outlined above. You also consent to the school assigning this consent to UNSW Global.

Please return the slip below or email your consent to dl.0735.info@schools.sa.edu.au.

I give permission for my child _____ to participate in the 2019 ICAS Assessments listed below.

Digital Technologies		Writing	
Science		English	
Spelling Bee		Mathematics	

Parent Signature: _____

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