

Cowell Area School

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Term 3, Week 2

31st July 2019

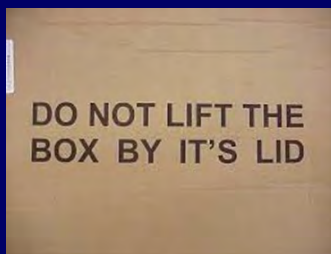
Newsletter



Principal's News

I hope everyone enjoyed their weekend! It would have been a very busy one for those who headed off to the Mangalo Carnival on Sunday. It's always a great day and an opportunity for our young kids to play against some different teams in a different environment.

In keeping with our focus on improving writing from R-12, staff have been continuing to develop their knowledge of the conventions of language. Last week we had a focus on the apostrophe, which is probably the most misused and misunderstood piece of punctuation. I'm sure you are all familiar with signs like this:



Here are a few simple rules to remember when deciding when to use apostrophes:

Apostrophes are used for two main reasons:

Contractions – replacing a letter that has been removed. For example, couldn't (could not), don't (do not), you're (you are).

Possession - apostrophes are used to show possession.

- Place the apostrophe before the 's' to show singular possession eg. girl's arm (one girl)
- Place the apostrophe before the 's' for plural and collective nouns not ending in 's' eg. children's playtime (more than one child)
- Place the apostrophe after the 's' for plural nouns that end in an 's'. eg. students' books (more than one student).

Apostrophes are never placed in plurals ie. just because a word ends in 's' doesn't mean it needs an apostrophe. Eg. We had cakes for morning tea. There are no letters missing in cakes and nothing belongs to the cakes.

The word 'its' only has an apostrophe when used as a contraction – It's a lovely day! (It is a lovely day). You do not use an apostrophe for possession – She liked its blue eyes. No apostrophe!

Operation Flinders

This week 6 of our students –Lori Turner, Jordan Lewis, Ryan Beinke, Tyson Sherrin, Vincent Casas and Thomas Beinke have all headed off to the Flinders Ranges, accompanied by Colleen Peters, to take part in Operation Flinders. The students led by adult leaders, will spend 8 days trekking more than 100kms, along with students from Cleve Area School. They will be confronted with many physical, emotional and psychological challenges along the way, whilst learning new skills such as abseiling, bush survival, navigation and first aid. They will also learn some of the Aboriginal culture and history of the Flinders Ranges. They were very excited to be undertaking this challenge; maybe a little nervous too! We hope they have a great time and look forward to hearing their stories when they return.

Canberra Camp

This weekend, the Year 7, 8 and 9 students (accompanied by Ricky Paveltish, Jacqui Webb, Patrick

DATES TO REMEMBER

TERM 3, 2019

WEEK 2

29-1/8 - Elements of Shipboard Safety @ Pt. Lincoln

WEEK 3

3/9-9/8 - Canberra Camp

30/7-6/8 - Operation Flinders

WEEK 4

12/8 - Science Show

12-16/8 - Science Week

12-14/8 - Seaman Ship

WEEK 5

19-23/8 - Yr 5/6 Camp

19-23/8 - Book Week

WEEK 6

28/8 - R-7 Cricket SA

WEEK 7

3-6/9 - Yr 4/5 Camp

WEEK 8

9-11/9 - Yr 3/4 Camp

WEEK 9

20/9 - Gala Day

WEEK 10

23-27/9 - Yr 10 Work Experience



"A positive & collaborative community of resilient learners, prepared for future challenges"



Government of South Australia
Department for Education

School News

Frost, Hayley Fiegert, Heather Slee and me), will be heading off on the Canberra Camp. We leave at 4:30pm on Saturday and arrive in Canberra at approximately lunchtime on Sunday. Everyone is very excited to be visiting many of the important historical and cultural sites in Canberra, to be consolidating the learning they have been undertaking at school and to experience new learning. They are also excited to be making the trip to Perisher Valley to try their hands at either skiing or snowboarding. This is a fabulous opportunity for our students; one that is always remembered fondly by those students who have experienced it in the past.

I would like to thank Colleen Peters and Vicki Bourlioufas for their work in organising the camp and the parents (in advance) for offering their time and expertise in accompanying us on our journey. We will keep you all updated about what we're up to via our Facebook page...stay tuned!

Certificate 2 in Aquaculture

This week our 3 students – Matthew Oldfield, Dylan Francis-Kent and Dayna Armstrong have been traveling to Pt.Lincoln each day with Billy McFarlane to do their Elements of Shipboard Safety course. This is 4 days of practical and theory work to gain the 4 competencies:

- Apply basic survival skills in the event of vessel abandonment
- Follow procedures to minimise and fight fires on board a vessel
- Meet work health and safety requirements
- Survive at sea using survival craft

This is a great skill set to have for people who may wish to seek employment in the seafood or maritime industries to work on or near coastal commercial marine vessels.

A big thank you to Billy who has been transporting the students, whilst undertaking the course at the same time. It has been some early starts and long days!

Lastly, I would like to apologise to Rhys Turner for the incorrect spelling of his name in last week's newsletter.

What's happening here?

Last week we had the most entries into our FLASH FICTION competition EVER! We had entries from nearly all of the year levels!

Mrs Byrnes and I had a hard time selecting the winner!

Our winner was Year 8 student, Isobel Salter with her story...

He couldn't believe it, how stupid could you be to eat something you randomly found in the forest?

Now he was changing and no one would believe him, he would be hunted.

He was turning into a disgusting human and there was nothing he could do about it.

Well done Isobel!

There was also a special commendation to Year 10 student Thomas Beinke for his story...

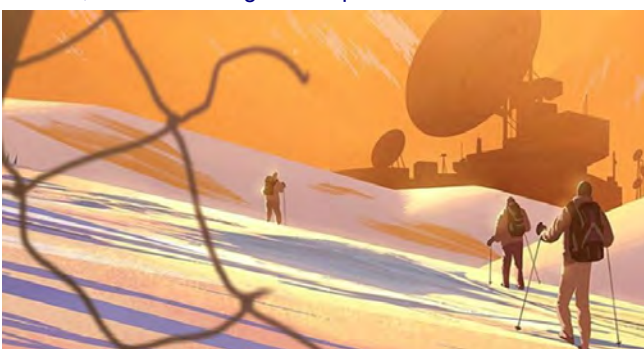
James' gaze met his hands.

Fear slowly crept in.

An ominous sound arrived at his bedroom door.

The alarm clock sounded.

Great work everyone! We are looking forward to reading this week's entries, this is our image for inspiration:



What kind of things could you write about here?

Here are some questions that might help you to get started...

What is this place? Where is it?

What is the building for?

Who broke the fence?

Who do you think the people are?

Where have they come from?

Word of the Week

Every week we have a Tier 2 vocabulary word to think

about and use.

This week's word is...

Approach

What do you think this word means?

Does this word have more than one meaning?

Does your child know? Ask them!



Cowell Inter-Church Council (C.I.C)

Annual General Meeting

Wednesday 28 August 2019, 3.30 pm

In the C.A.S. Meeting room

All interested parties welcome.

(Election of office bearers)



JULY/AUGUST

31/7- Jed King

1/8- Brandon Schultz

3/8- Bodie Barrett

5/8- Alex Ferguson

Respect

Success

Learning

Responsibility

School News

Nationally Consistent Collection of Data on School Students with Disability (NCCD)

All schools are required to collect information about the numbers of students that they provide adjustments to under the Disability Discrimination Act (1992) and Disability Standards of Education. This data is used as the basis for national funding. The NCCD involves the collection of:

- the number of students receiving adjustments to enable them to participate in education on the same basis as other students
- the level of adjustment provided to students
- student's type of disability if known

Under the model the definition of disability is broad and includes learning difficulties, health and mental health conditions. If your child is identified for inclusion in the Collection, the required information will be included in this year's data collection. If you have any questions about the data collection, please contact Colleen Peters or Julie-Anne Byrnes on 86292150. Further information can be found at: <http://www.education.gov.au/nationally-consistent-collection-data-school-students-disability>.



FINAL SOUP FOR SCHOOL

The last soup day for the year will be Friday the 9th of August in the supper room!

Choose from 5 delicious homemade soups served with a fresh roll and a piece of cake all for just \$8!

Hope to see you there!

To Pre-order your takeaways or to have your soup delivered please contact Roanna on 0429133301

All proceeds will go towards supporting our school and church communities.

Keep up to date with the latest school news and upcoming events by liking us on Facebook.



Cowell Swimming Club



Our club is totally run by volunteers, we are a not for profit club. Our aim is

purely for the benefit of the children. Swimming skills stay with you for life. The health benefits of swimming are incredible for all ages. The water gives us lots of joy and we need to stay safe. If you have intentions of enrolling your child for Swim Club this season 2019 -2020 please take time to be involved in our committee. There are limited spaces available for children. This is due to the size of the pool & our duty of care not to oversize classes. The club has provided swimming equipment, which we share with the school and this coming season there are some more big items on the horizon. This is a fun club to be in! Take the time and be involved for your child/ren and the swimming club. We are the only local swimming club in our surrounding area. The closest is 105km away.



The Cowell Swimming Club AGM

Date: Wednesday 7th August

Time: 7.00pm

Venue: Cowell Community Library

All welcome, please come and join
The Cowell Swim Club Committee.

All positions will be up for election
Constitution amendments will be proposed

Any enquiries, please contact

Nikki Walsh 0427 361 873 or Maria Papillo 0408 396 110



Respect

Success

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School News

Year 10 Careers Camp

In Week 10 of Term 2, the Year 10 students went to Adelaide for their Career Camp. They visited a number of very interesting work places and educational facilities, and gained a broad perception of how some industries operate. Some students expanded their knowledge on how to travel down their chosen career path, others had eye-opening experiences and developed ideas of different paths they could choose.

I enjoyed the police academy because I found it interesting. I also liked going to Marion for the food. I learnt that there are a lot more job opportunities in various sectors than you may think, and I will use this knowledge to make sure I look at different jobs within a sector when I'm considering my options. **Thomas Beinke**

I enjoyed Flinders Ports the best because we got to get out of the bus and have a look at everything and see them in action. I learnt that there are lots of layers to everything we do and everyone we meet and that we need to take everything as it comes. I'm going to use this knowledge by taking things in and doing whatever life brings me. **Sean Norsworthy**

My favourite place was the RAAF base because I learnt you only need to finish Year 12 and pass the exam to get into the base. I also learnt that there are lots of jobs in RAAF including being a doctor, pilot, and more. I would like to focus in on one job and work toward this. **Vincent Casas**

The favourite thing was the Institute of Fitness because it was very interesting and they spoke to us in a way that could make us understand and showed us that it's all about helping other people and breaking through their layers to help them. The Institute of Fitness is about making everything fun and teaching people to learn in an exciting way to keep everyone enthused in what they are teaching. I liked how students would learn for a small fraction of time and then do a practical so they are putting into place what they have learnt. To put this into my life, I could work for a solid 30 minutes then have a 5 minute break then continue working. **Lori Turner**

My favourite thing was the RAAF base because it was really interesting and they taught us the training and the basics of the jobs. They also talked about the variety of jobs and made the tour very interesting because they were passionate about their field of work. I learnt to investigate careers paths so you know the good and the bad things. I'm going to use this by asking people who are in the work force the good and the bad things about their job and the training they would recommend for the job. **Jordan Lewis**

My favourite place was the Adelaide University and learning more about the University and what is there. I learnt that University has more subjects and different ways of learning, and that it's not just another high school. I also learnt that you don't need to know exactly what you want to do as soon as you finish school. I would like to explore my options and take advantage of all the opportunities that I get given. I want to look into the subjects at University and work hard to possibly get into something that I'm passionate about. **Chloe Frost**

I liked the second two days of the careers camp including the RAAF base, Flinders Ports, Port Adelaide Football Club, Police Academy, ABC Adelaide and Australian Institute of Fitness. These places presented tours with a lot of energy and interested me more than the Universities and TAFE. I learnt that there are more jobs in a business than on the surface and will use this to help me better understand businesses and business life. **Lachlan Turner**

My favourite place was the RAAF base and I will use the knowledge I got from the tour to potentially get a job with the ADF. I also learnt from the Australian Institute of Fitness, that a personal trainer does a lot more than just physical training. **Ryan Beinke**

My favourite thing was meeting Hoppo at the Australian Institute of Fitness because his attitude was out of this world and we need a lot more of it. I thought it was funny that people studying refrigeration at the TAFE were known as 'fridgies'. **Tyson Sherrin**



The Library Scoop



Dates to Note

Every Monday - Homework club

Wed 7th August - 10.30am Book Club

Wed 7th August - 5.30pm Writers' Group

Week 5 / 19—23 August - Book week

Mon 29th August - Story time - Hat Theme



New Books

Children's Picture Books

Pig the Tourist by Aaron Blabey

Field trip to the Moon by John Hare

Moonwalkers by Mark Greenwood

Children's Fiction

Wolf Girl into the wild by Anh Do

Funny kid Slapstick by Matt Stanton

The world worst teachers by David Walliams

Meet the Netball Gems—Hooked on Netball Chase Your Goal by B.Hellard

Children's Non Fiction

First Man on the Moon by Ben Hubbard

Find your way Underground by Paul Boston

Teenage Fiction

Detention by Tristan Bancks

Between us by Clare Atkins

Adult Fiction

In the Shade of the Blossom Tree by Joanna Rees

One Good Deed by David Baldacci

Blood Oath by Linda Fairstein

Under Currents by Nora Roberts

After by Anna Todd

The Cellist of Sarajevo by Steven Galloway

Adult Non Fiction

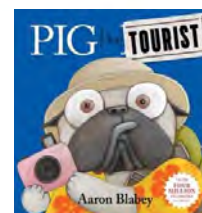
Thirty thousand bottles of wine and a pig called Helga by Todd Alexander

Alice to Prague by Tanya Heaslip

DVD

Forrest Gump (M)

Green Book (M)



1000 BOOKS
BEFORE
SCHOOL

Come into the library to sign your child up for 1000 Books before school. This initiative encourages parents & carers to read to children as much as possible before they begin school.

Next story time will be Monday 26th August.

Call the library if you would like a text message alert to attend or follow us on our Facebook page.



During third term we are celebrating **Book Week** in week 5.

We will again be running a dress up parade, so get your thinking caps on. This year's theme is Reading is my Secret Power.

Students are asked to dress up as a book character that has ignited their

Secret Power.

Costume ideas -

Matilda

or

Alex Rider



Reading is my
SECRET POWER

CBCA Book Week
17-23 August 2019
#CBCA2019



Artwork by Deb Graham © 2019 The Children's Book Council of Australia

Community News

parenting*ideas

The Anxious Kids Seminar is coming to Adelaide

Society is in the grip of an anxiety epidemic. One in fourteen kids are diagnosed with an anxiety disorder, and many more go unnoticed. Parents and teachers play a critical role in helping kids to recognise and manage their anxious feelings.

Parenting expert, award-winning speaker and author of 11 books Michael Grose, together with wellbeing expert and researcher Dr. Jodi Richardson will be touring across Australia and New Zealand to present their evidence-based approach to managing kids' anxiety. Here they will speak about the tools and strategies for helping children outlined in their recently released and highly acclaimed book *Anxious Kids*.

This is your chance to hear from the authors of the acclaimed book *Anxious Kids*, in a skills-rich seminar full of actionable steps and take-home ideas.

Anxious Kids Seminar Tour

Date
**Tuesday
20 August 2019**

Time
7pm - 9pm

Location
**Immanuel Primary School
Saratoga Drive Novar Gardens**

Tickets
\$38.95

Who is this seminar for?

This seminar is ideal for parents, carers, teachers and other professionals who work with children.

You can learn:

- The origins of anxiety and how it impacts on children and teens
- How to respond constructively when a child or teen is anxious
- Tools to teach kids to help regulate their anxiety
- The lifestyle factors you can enhance to minimise anxiety
- Why avoidance of anxiety-inducing events is not the answer and what to do instead
- How to create a wellbeing plan for your child or young person

About the Presenters

Michael Grose and Dr. Jodi Richardson are co-authors of the highly-acclaimed new book *Anxious Kids: How children can turn their anxiety into resilience*.

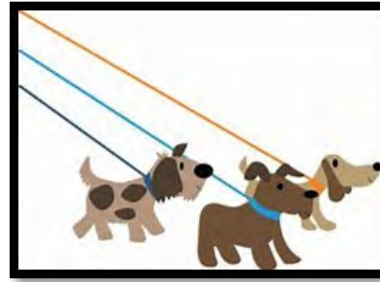
Michael Grose is one of Australia's leading parenting and educational writers and speakers. Michael supports schools across Australia and internationally to build strong partnerships with their parent communities.

Dr Jodi Richardson is an expert on anxiety, through extensive studies and personal experience. She has spent more than 25 years in the field of health, wellbeing, clinical practice, elite sport and education.



To secure your tickets today, visit:

www.parentingideas.com.au/anxious-kids-seminar-tour



Walk the Dog

Anyone interested in starting a dog socialisation and dog walking group?

In the Cowell township area?

Owner with well-behaved dog and keeps up to date with vaccinations, would like others to join in walks.

Available after 9.15am on a Monday, Tuesday, Wednesday & Friday.

Please contact Muriel Hunt for expressions of interest on 8629 2246. (Leave name and number on answering machine). Or come into the Cowell community library and we will add you to the list.

Probus Club Meeting

Probus Club of Cowell meeting Friday 2nd August visitors welcome at 11 am Franklin Harbour Hotel where guest speaker will be Cleve Police Officer Paxton who will speak on Phone & Computer Scams.

Visitors very welcome to attend.

Barb Shearer Secretary

SkoolBag App Update

On the 4th of August SkoolBag will be actioning apples new guidelines and removing their outdated individual apps.

To stay informed please ensure you have the latest version of the SkoolBag app downloaded. Follow below instructions.

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0428855909
BLD 278221

Call
Travis Carmody
0437062528
BLD 278407

DRAGON BOATS

Anyone interested in getting dragon boating up and running in Franklin Harbour?

Dragon boating is a fun and social sport that suits a broad range of fitness levels and age groups. No experience necessary!

If you are interested in joining in the fun, please contact KJ on 0417 812 873 or dkjkovac@gmail.com.



Stay informed with the SkoolBag App



The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.

1

Download the app

Search for the free SkoolBag app in the Apple App or Google Play Store

2

Create an account

Sign up in seconds with your email address

3

Add your school

Search for your school and add your subscription groups



SkoolBag

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Award winning Boston Bean Coffee Co
Barista Coffee

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Relax with us awhile in our dining room

Selection of
Panini's, Pizza Subs, Hamburgers,
Rolls & Sandwiches made fresh daily
Hotdogs, Salad bowls, Yoghurts, Fresh Fruit
Salad (in season) & Fresh Oysters
Breakfasts available until 11am
Menu Available



Baked Goods
Selection of pastries from Tumby Bay Bakery

Ph: 86 292 156

NAIL IT
THIS FATHER'S DAY

VIEW CATALOGUE NOW

Cowell Home Timber & Hardware



Weber Q's from Just \$329

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Training—Monday—1700-1900hrs

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Commodore: Dale Bailey
0429 054 969

Vice Commodore: Malcolm Brine
0488 292 567




Franklin Harbour Button Club

BBQ TRAILER HIRE
\$100 hire for 24hr period
Phone 0437 295 276



Whyalla Dental Care

Whyalla Dental Care is working in Cowell from The Doctors Surgery located at South Terrace every Wednesday.

- Whyalla Dental Care is a family practice offering all aspects of dentistry.
- If your child is eligible for the Child Dental Benefits Scheme (Medicare) their appointments will be bulk billed.
- Private Health Insurance cards for Hicaps Claims as well as Eftpos facilities are available.
- Accepting Pension and Health Care Card holders.

Please phone the Whyalla Practice on **8644 1111** for all appointments.

Herman Puijs WALL & FLOOR

TILER

BLD 25992



0427 322 442